

XI Commonwealth Games · August 3-12,1978 · Edmonton, Alberta, Canada 👺



So, take some time while you're here. Our cities offer sophistication combined with friendliness, and not far away the most incredible wilderness experience of your life awaits you. It can be the vacation of a lifetime.

Then there's travel. Alberta offers the most varied scenic experience in Canada. Our government agency, Travel Alberta, has divided the province of Alberta into 14 different vacation areas, each offering a completely different experience. (Information available by writing to 10310 - 102 Avenue, Edmonton, Alberta).

One month before the Games begin, Alberta will be celebrating two very famous annual events: the breathtaking Calgary Stampede — a festival of cowboys and rodeo events with good western celebration. And "Klondike Days", a gay, frolicking re-creation of the 1890's has Edmonton as it's re-creation of the 1890's has Edmonton as it's

While You're in Alberta

And of course, Games facilities with the exception of the full bore rifle event, are all within 15 minutes of the downtown area and easily accessible by either car or public transit.

theatre, stands in the heart of the downtown area between the Edmonton Art Gallery and the Centennial Library. Soon, you'll be able to take a ride on our new Rapid Transit System; visit a world display of plant life in the Muttart Conservatory; or relax for a day in Capital City Park, 17½ miles of river valley recreation embracing everything from golf to picnic areas, from boating to trout pond

When the 48 countries of The Commonwealth awarded the Games to Canada and Edmonton, in 1972, the City's planning timetables were advanced.

And now, The Citadel, a new home for live

here for the Games in '78. It's a lot of fun in any season in any year. Don't miss the Fort Edmonton Historic Museum where the City's past is being rebuilt; Storyland Valley Zoo where children of all ages can enjoy animals in fairy tale settings; the Provincial Museum and Archives of Alberta, a treasure trove of Western Canadian natural history; Canada's first public planetarium at Coronation 1y; Canada's first public planetarium at Coronation its herds of wild animals from all corners of the dlobe

Edmonton is a fun city. That does not mean it is expensive. According to Statistics Canada, it's still the most inexpensive major Canadian city in which to live

So get acquainted with Edmonton while you're

Points of Interest

An interesting facet of the Games is that the massive work force involved in every area of hosting this immense event will be composed of a large number of volunteers from all walks of the Edmonton way of life.

training facilities are within easy walking distance. Also, 5,500 first grade hotel rooms, with an additional 500 scheduled for completion by mid-niles around will readily absorb Games visitors. Additionally, a "home hospitality program" will be set up as a warm and friendly way to enjoy the host city and its people.

three tower high rise, fully self-contained unit. All

plex yet — The Lister Hall residential complex — a

Existing facilities are excellent and numerous, including the recently built Coliseum, the University of Alberta Arena and Main Gymnasium, Jubilee Auditorium, Edmonton Gardens and what may prove to be the best Athletes' Village Commay prove to be the best Athletes' Village Com-

To host the Games, Edmonton will construct a new multi-use stadium, a covered aquatic centre, a velodrome, a full shooting range, and a lawn bowling centre.

And, for the interest and entertainment of the visiting nations, Canada has chosen Lacrosse, the game of its original people, as a demonstration sport.

Athletics Lawn Bowls
Badminton Shooting
Boxing Swimming & Diving
Cycling Weightlifting
Cymnastics Wrestling

The ten amateur sports which will be presented in Edmonton are:
Athletics Lawn Bowls

Although The Commonwealth Games have grown considerably in size and interest, they were so soundly conceived that they remain basically unchanged. However, one change does occur in 1978. Canada was asked to consider a tenth event and chose Gymnastics—because of its increasing popularity and also because, in the spirit of the Games, it's a sport that can be continued by devotees through much of a lifetime.

10 Sports

No other programme among any group of nations in the world challenges the friendly, personal atmosphere of the "Friendly Games" and it's significant that the country where the Commonwealth Games originated also has the opportunity to host their 50th Anniversary, two years early since the true date falls between Games celebrasince the true date falls between Games celebrations.

The Commonwealth Family, still growing at 48 participating nations and affiliates, will come together in Edmonton from August 3rd to 12th, 1978, happily and without rancor, just as it has in Hamilton (1930); London, England (1934); Sydney, Australia (1938); Auckland, New Zealand (1950); Vancouver, Canada (1954); Cardiff, (1950); Vancouver, Canada (1954); Cardiff, Wales (1968); Perth, Australia (1954); Ringston, Jamaica (1966); Edinburgh, Scotland (1970); and Christchurch, New Zealand (1974).

But it wasn't until 1930 and Bobby Robinson's First British Empire Games in Hamilton, Canada that the Commonwealth Games movement had its true beginning. This was a set of World Games which were practically free of international rivalry, politics or spiralling costs and a confusing proliferation of events. Participation was limited to nations with "membership in good standing" in the Empire, and competition was limited to non-the Empire, and competition was limited to non-team individual competitions in only nine different team individual competitions in only nine different

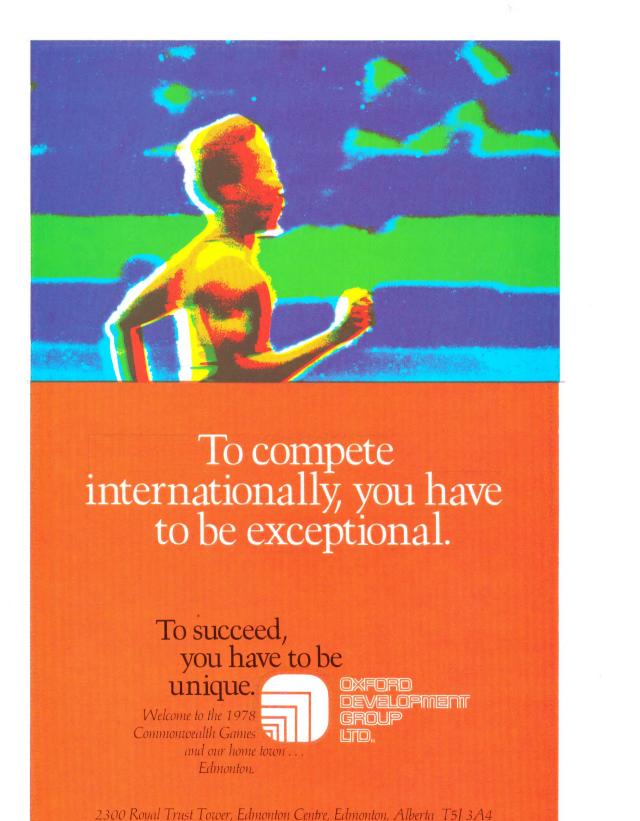
The idea of the Games originated as early as 1881 with the forerunner of the Games being held at the Crystal Palace Grounds in England in 1911.

The Commonwealth Games, "shall be merrier and less stern, and will substitute the stimulus of a novel adventure for the pressure of international rivalry." That's how Canadian M. M. (Bobby) Robinson proposed the Games to amateur sports leaders of the Empire at the 1928 Olympics in Amsterdam. And so these Games became known as "The Friendly Games": with the emphasis on individual competition — man against man, manian against woman, rather than nation versus moman against woman, rather than nation versus

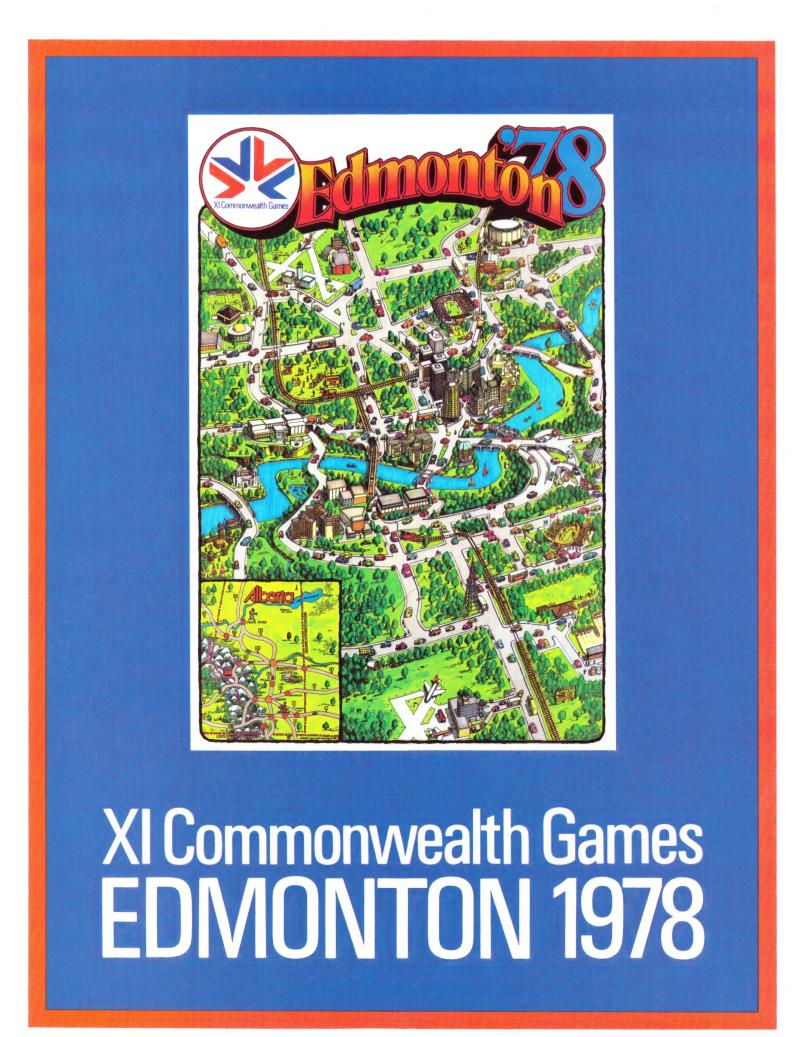
The World's Friendly Games



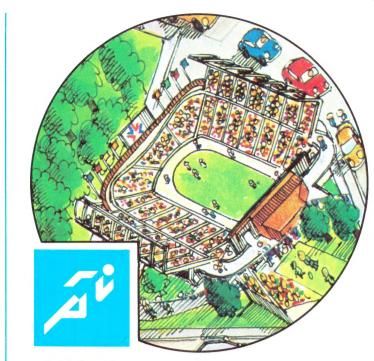
Edmonton August 3~12,1978



The XI Commonwealth Games



Activities & Locations:



Athletics

The new Commonwealth Stadium with seating for 42,400 will bring together the sports representatives of 48 Commonwealth Nations for the Opening and Closing of the "Friendly Games" in 1978

The depressed stadium infield is enclosed by a 400-metre artificial track and will be the site of the 38 events of the Athletics program, including the start and finish of the 30 kilometre walk and the marathon.

New to the program will be the 3,000-metres for women, the first time this event has been contested in a major international Games.

The Stadium facilities include a three-storey 60,000 square foot health, fitness and recreation complex designed to serve as an athletes and officials control area and news media centre during The Games.



Swimming and Diving

An Aquatic Centre embracing four pools will greet swimmers and divers competing in the 1978 Commonwealth Games.

The new complex has a water surface 25 per cent larger than the Olympic Pool in Munich. The diving tank, the first facility of its kind in Edmonton, and a 51-metre warm-up pool with a moveable bulkhead are completely separate from the main eight-lane 50-metre competitive pool and will provide swimmers with all of the training and competitive facilities they require under one roof.

A small pool with a hydrotherapy capability is complemented by a Health and Fitness Complex embracing saunas, exercise rooms and handball and squash courts. The Aquatic Centre is the latest addition to the Kinsmen Sports Centre, one of the City's most complete sports and recreational

Athletes' Village

The existing Lister Hall Residential complex on the University of Alberta campus will be transformed into an "instant" Athletes' Village for the 1978 Commonwealth Games.

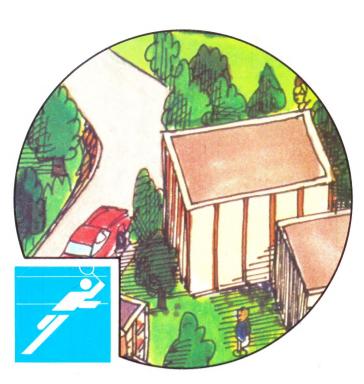
Together with the nearby huge Physical Education and Recreation Complex and Students' Union Building across the street, the facility will become a city within a city.

The Village itself consists of three ten-storey bedroom towers all linked by underground passageways to a two-storey hall housing food and general services.

No more than two athletes will be accommodated in any one room, telephones will be available in each room, restroom facilities and lounging areas on each floor and laundry facilities in each tower.

Each tower consists of three wings and each is served by two elevators. The complex embraces 1,034 rooms.

By combining the main cafeteria with an adjacent banquet room, up to 1,600 athletes will be able to sit down to dinner at any one time. Postal, banking and medical services, gift and sports shops, a lounge, and additional meeting and reception rooms are also available within the complex.



Badminton

The University of Alberta Ice Arena, previous host of many international events is the venue for Badminton.

The arena accommodates 3,000 spectators on three sides, and is part of the huge Physical Education and Recreation Complex on the University Campus.

For the first time in the Commonwealth Games, the program will include a team competition as well as awarding individual medals in the traditional women's and men's singles, doubles, and mixed doubles.

The Badminton competition will take place over seven days of the Games on artificial courts installed on top of the building's terrazzo surface.

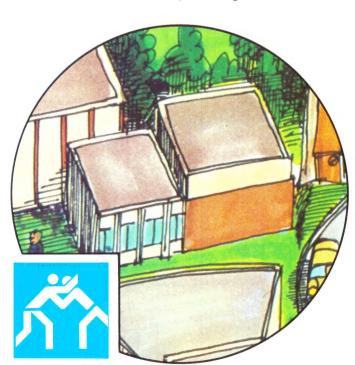


Boxing

The boxing events will be contested in the Edmonton Gardens, a building that dates back to the Festival of the Empire, the 1911 forerunner of what was to become The Commonwealth Games.

Major renovations in 1967 costing \$760,000 gave the building an indefinite lease on life.

The Gardens seats 5,200 in the stands and 1,200 on the floor for boxing. It was the Boxing Committee who requested the arena as its venue because much of the sport's history in Edmonton was recorded in that very building.



Wrestling

The main Gymnasium, centrepiece of the University of Alberta's Physical Education and Recreational Complex, has been chosen as the wrestling venue after much consideration.

Bleacher seating accommodates 2,800 specta-

The support facilities are excellent, and the Gymnasium itself, is only about 400 metres from the Lister Hall Complex which will house the athletes

The three days of free-style competition includes medals in 10 weight classes.



avmnastics

The newest event on the Commonwealth Games program, gymnastics, will be staged in what is the City's most modern indoor sports facility, the magnificent new Coliseum. Opened in 1974, it seats 15,326 in upholstered comfort.

The circular building is so large it can accommodate a 21-story building beneath its ceiling.

The four-day gymnastics program will differ from standard Olympic procedure in that there will be no compulsory routines. Participants will have the freedom to display their ability in a program of their choice. Medals will be awarded in team and individual events.

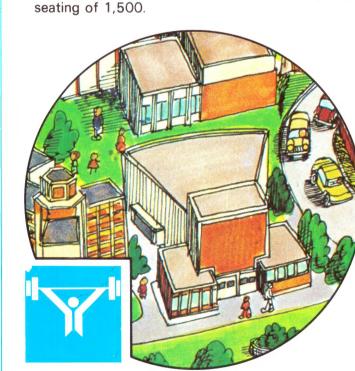


Lawn Bowling

The Bowls program will take place on Coronation Greens, another new facility built for the 1978 Commonwealth Games with four greens and an attractive clubhouse which provides a second-storey balcony view over the playing area.

The greens, installed in 1975, have been described by authorities as among the most scientifically constructed bowls surfaces in the world. They were grown on a pure sand base which covers a network of pipes designed to both irrigate and drain the greens.

Bowlers will compete in singles, pairs and fours on a round-robin tournament basis before capacity seating of 1,500



Weightlifting

The Jubilee Auditorium, a gracious concert hall next door to the Athletes' Village, will host the sport of weightlifting. Ancilliary rooms behind a fan-shaped stage 120 feet wide and 60 feet deep and the close proximity of additional working areas have prompted authorities to describe the venue as one of the best ever offered for an international weightlifting competition.

Competitors will face a capacity house of 2,760 spectators on three levels, all in soft, theatre-style seats. The lower level of the Auditorium, built in 1956 to commemorate the 50th Anniversary of Alberta as a Province, will serve as an administration area for the Village.



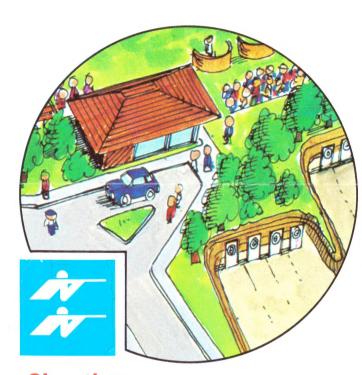
Cycling

A new outdoor track — a 333.3-metre oval with a concrete surface — will be the venue for The Game's cycling events.

The City's first Velodrome has a minimum banking of eight degrees to a maximum of 32 degrees, ensuring an attractive facility in the post-Games period for novice cyclists.

A 30-foot timing and control tower outside the oval guarantees cyclists a completely clear view of track activity. Lighting allows for night-time competition and there is seating for 3,000 spectators. Tunnel access to the infield is also featured.

The Cycle Road Race on the final day of the Games will take place on an unusual 7.8-mile ribbon course through the City's river valley. The race will cover 15 laps for a distance of 117 miles.



Shooting

Shotgun, pistol and smallbore rifle marksmen will be brought together on a new, all encompassing range for the 1978 Commonwealth Games.

Located on the City's outskirts, the Strathcona Range embraces two international trap and skeet ranges, a 25-metre pistol range with four sets of turning targets, a 50-metre smallbore rifle range with 50 targets and a 100-metre range.

The firing points for the pistol and rifle ranges are roofed and baffles are located downrange to ensure safety. A modern clubhouse has also been provided for the comfort of competitors and there is seating for 900 spectators.

The full-bore rifle "Queen's Prize" will be shot on the 1,000-yard Palomino Range at the Canadian Forces Base in Calgary, 190 miles south of



THE SYMBOL

This symbol is derived from three elements:

- 1. The Canadian Maple Leaf
- Arrows converging depicting movement to

 Edmonton
- A series of V's indicating the many thousands of Volunteers who will make the 1978 Commonwealth Games possible.



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